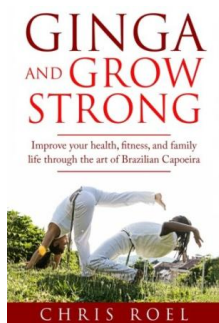


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Additional bonus: each chapter has a link to tutorial videos, demonstrations, goal setting sheets, sample diet, easy Brazilian Portuguese lessons, and more! If you have ever been curious about this very aesthetic art for yourself or for your child, just started training Capoeira, or know nothing about it, this book is for you! Get ready...

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