



DOWNLOAD



## Inner Sunshine, How to Make More: Assess Neurotransmitter Production with Self-Testing; The Simple Complexity of Our Unconscious

---

By Professor of Political Science Bruce Dickson

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Fifth volume in the New Directions in Holistic Brain Balance series. Who else wants to feel more loved on the inside? Inner Sunshine is a metaphor for this. Inner Sunshine is our capacity to feel bouncy and "light"; such that, the "slings and arrows of outrageous fortune" roll off us like "water off a duck's back." Neuro-transmitters (NTs) are the neuro-chemistry of Inner Sunshine. I'm on a Hero's Journey to more Inner Sunshine. Want to come along? This is written for self-testers, holistic practitioners who muscle test and anyone willing to learn Muscle Testing 2.0 with "God as your Partner. A "seesaw" exists in our UNconscious. On either end, "misery" and "sunshine" go up and down; or, if you prefer tug-of-war, back and forth. As one gains strength, the other must get weaker and vice versa. Misery blocks us from making Inner Sunshine. The game of Inner Sunshine is simple: Release inner misery--increase Inner Sunshine. Inner Sunshine is two things (1) High quality protein and clear metabolic pathways to assimilate it, (2)...



READ ONLINE  
[ 6.26 MB ]

### Reviews

*Extremely helpful for all class of people. We have read through and that i am confident that i am going to going to read through again again down the road. Its been designed in an exceedingly basic way in fact it is simply following i finished reading this pdf in which in fact altered me, alter the way i think.*

**-- Noel Stanton**

*Absolutely one of the best pdf We have ever read. I really could comprehended every little thing using this written e book. I am easily could get a satisfaction of reading a written publication.*

**-- Dr. Odie Hamill**