



If the Buddha Married: Creating Enduring Relationships on a Spiritual Path (Paperback)

By Charlotte Kasl

Penguin Books, United States, 2001. Paperback. Condition: New. Language: English . Brand New Book. Zen and the art of lasting relationships . . . Filled with the same lighthearted, highly practical, spiritually sound guidance that resonated with readers of *If the Buddha Dated*, this book is a fresh and inspiring guide for anyone who wants to strengthen, deepen, or revitalize a relationship or marriage. Charlotte Kasl, PhD, renowned for her ability to speak with depth, wisdom, and humor on important matters of the heart, empowers us to create fulfilling and vibrant relationships through a commitment to awareness, truth, and compassion. *If the Buddha Married* explores how a beginner's mind can help us see our partners and ourselves afresh each day as we learn to nurture our commitment to each other. Marriage is truly a journey. Combining key teachings of Buddhism, Christianity, and other spiritual traditions with elements of psychology, this book is a wise and trusted guide through the joys and challenges of relationships that last and grow.



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Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- **Andres Bashirian**

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- **Lacy Goldner**