





Weight Watchers Box Set 3 in 1: 2 Effective Diet Plans for Weight Loss + 20 Amazing Recipes for One-Pot Meals: (Weight Watchers Simple Start, Weight Watchers for Beginners, Simple Start Recipes)

By Imogen Glasper

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Weight Watchers BOX SET 3 IN 1: 2 Effective Diet Plans For Weight Loss + 20 Amazing Recipes for One-Pot Meals BOOK #1: Weight Watchers: Learn How to Lose 7 Pounds in 7 Days. Simple Diet Plan to Start Losing Weight Right Now! Do you have a little bit of weight to lose? Do you have a lot of weight to lose? Are you just trying to jump start a routine, or are you trying to lose a few pounds for that bridal shower or pool party next week? Whatever your reason may be, it is no secret that there are a lot of us out there who want to lose a few pounds fast. Who has time to sweat it out in the gym for minimal pay off? Not you! You have places to go and people there to see, and that doesn t mean that you can spend hours in the gym getting ready for them, you need results and you need them right now! So what are you to do? It isn t as though...





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