## The Conscious Mama s Heart Book + Calendar: Your Complete Workbook to Creating Your Most Joyful, Conscious and Connected 2014



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## Reviews

It in one of my favorite publication. Indeed, it can be play, nonetheless an interesting and amazing literature. I discovered this publication from my i and dad suggested this publication to understand. (Camryn Williamson)

# THE CONSCIOUS MAMA S HEART BOOK + CALENDAR: YOUR COMPLETE WORKBOOK TO CREATING YOUR MOST JOYFUL, CONSCIOUS AND CONNECTED 2014



Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This Heart Book is our gift to every mother of the world. To draw, from within yourself, your own Inner Truth, your Inner Wisdom and your Inner Mother Goddess. To create the most joyful, conscious and connected year ever for you and your family. It s your Journal, spiritual guide, yearly planner and calendar all in one Full of gorgeous, interactive, color posters and so many journals, practices and projects to do yourself and to share with your family. Mother s often look outside ourselves for answers. Seeking expertise from others. Comparing your parenting and your children s behavior to others. This Heart Book brings you back within. In here you can take a break from the information overload and follow the wisdom that lies within. There is such a wealth of answers already within your your instincts are your most valuable gifts as a mother. There is no one who knows you or your family like you do. This Heart Book is your guide, drawing your wisdom out. Bringing you clarity in your relationships and your experience as a mother. It guides you to create the changes you desire It brings you into conscious awareness of yourself and your family dynamics. It empowers you to vision and to know what you want instead and to create your family s own unique and effective strategies to make what you want a reality. It guides you right through to putting all these changes into action with a monthly Goddess calendar, regular connection rituals dates and powerful single practices that you immerse yourself in all year, drawn from your very own Intention Cards Deck. There are two parts to this...

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