



Night Thoughts: 70 Dream Poems Notes from an Analysis (Hardback)

By Sarah Arvio

Random House USA Inc, India, 2013. Hardback. Condition: New. New.. Language: English . Brand New Book. In this remarkable and unique work, award-winning poet Sarah Arvio gives us a memoir about coming to terms with a life in crisis through the study of dreams. As a young woman, threatened by disturbing visions, Arvio went into psychoanalysis to save herself. The result is a riveting sequence of dream poems, followed by Notes. The poems, in the form of irregular sonnets, describe her dreamworld: a realm of beauty and terror emblazoned with recurring colors and images--gold, blood red, robin s-egg blue, snakes, swarms of razors, suitcases, playing cards, a catwalk. The Notes, also exquisitely readable, unfold the meaning of the dreams--as told to her analyst--and recount the enlightening and sometimes harrowing process of unlocking memories, starting with the diaries she burned to make herself forget. Arvio s explorations lead her back to her younger self--and to a life-changing understanding that will fascinate readers. An utterly original work of art and a groundbreaking portrayal of the power of dream interpretation to resolve psychic distress, this stunning book illumines the poetic logic of the dreaming mind; it also shows us, with surpassing poignancy, how...



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**