



Hypothyroidism No More How I Healed Naturally and You Can Too: A Step-By-Step Guide - Heal Your Low or Underactive Thyroid Gland

By Dana Jurcova

DWN Publishing. Paperback. Condition: New. 320 pages. This comprehensive guide to hypothyroidism is invaluable. Based on my firsthand experience as a thyroid patient, it contains everything you need to know about how to manage your thyroid disease and live a full and healthy life. From diagnosis with hypothyroidism or Hashimoto's Disease thru symptoms, finding the practitioner who is right for you, tests and treatment options, this guide leads you step-by-step along the route to managing your disease effectively. I know how overwhelming attending an endocrinology appointment or meeting an endocrinologist for the first time can be. Relax! This book will give you all the knowledge you need to understand any thyroid test you have or the benefits of any thyroid medication you're offered, so you can make informed choices. All the information in Hypothyroidism No More comes from my personal experience and research, backed up by discussion with doctors and naturopathic practitioners, as well as personal stories from patients now living free of symptoms and medication. Stop your suffering and learn to live with your condition today. Written in a style that's easy to read and understand, you'll learn about: The thyroid gland and adrenal gland The importance of iodine...



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This composed book is excellent. This really is for all who state that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

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The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

-- Hank Powlowski