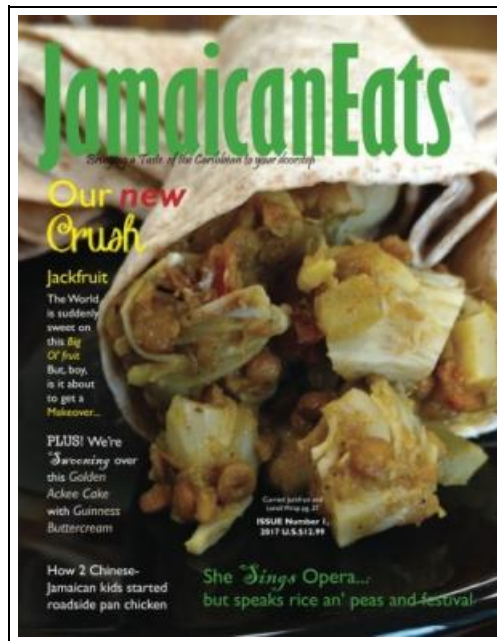


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.We hopped on the jackfruit bandwagon for this issue and you won't believe the things we learned. Flip through pages 13-27 for recipes like green jackfruit cooked with saltfish and coconut milk, pizza, BBQ Pulled Jackfruit and ripe jackfruit dipped in chocolate! In putting together this issue, we also dug up the story of how two Chinese-Jamaican kids inadvertently gave wings to roadside pan chicken. Elise Yap tells the story on pg. 43 and has plenty of other stories about food and her Chinese-Jamaican family. Port Antonio-born Chef Darren Lee, on pg. 33, shares his father's Chinese corned fish recipe and memories of working with his uncle, the renowned Winston Lee of Golden Dragon and Pagoda restaurant fame. And, like music to our ears, Jamaican-Canadian opera singer Sipiwe McKenzie gives us the recipe for the sweet(ish) Jamaican treat that has a few of Europe's biggest singers flipping out. Meet Sipiwe on pg. 28 and find out what her granduncle Ludga, the chicken farmer in Four Paths, Jamaica, is most concerned about. This last note will leave you flabbergasted. All we can say is, Golden Ackee Cake with Guinness Buttercream. OMG! We'll leave it to Chantal Thomas to explain, on pg. 10, her obsession with ackee.



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