



## Mastering Self-Confidence: The Ultimate Guide to Total Self-Confidence- Become Confident, Become a Leader, Become Unstoppable

By Ronald Alexis Valentino

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.I used to believe that total self-confidence is something that one acquires in the womb, that the characteristics of a very confident person are either part of a very special gene or simply luck to have been born with that personality. In fact, I kept that way of thinking until my late teen years. It wasn't until one day that I woke up and finally realized that there should be more to life than being unconfident and travel through life unnoticed, that was also the day that I decided to take action and create a well detailed plan to transform my life. In this book I have summarized the most effective ways and techniques that have allowed me to become the confident person that I now am. I have included the essential steps that if followed as instructed, will take your confidence level through the roof! And the best thing is that you should be able to accomplish these results in a fraction of the time that it has taken me. In this book...



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