



## Skinny White Woman

By Stasia Minkowsky

Mill City Press, Inc. Paperback. Condition: New. 414 pages. Dimensions: 9.0in. x 5.9in. x 1.1in. You are about to embark upon a spiritual pilgrimage and you will be visiting sacred sites where you have been in past lives in order to help you remember who you are. You are a healer. A lightworker. Right now, like the Aborigines, you are about to go on your walk-about to claim yourself. You must claim your power. You must clear out all the bullsht that says youre not worthy. You are here to serve the planet and remember who you are. After being pronounced a lightworker by a psychic from Sedona, all Stasia Minkowsky wants to do is smoke a joint, get drunk and forget about it. The only problem Its not working. Desperate for answers, she is guided to her first Native American sweat lodge where most participants are in recovery for drugs and alcohol. Cautious about drinking the Kool-Aid, Stasias once guarded exterior begins to unravel with the power of the ceremonies and the path known as the Red Road. Under the guidance of a goofy yet reclusive Native American teacher, she is buried in a hole for her vision quest and...

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