

Anti Aging and Rejuvenation for Optimum Health (Paperback)

Nutribullet Recipe Book: All-Natural Diabetes Busting Low Carb Nutribullet Recipes for Weight Loss, Detox,

By Steve R Gansneder

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. So you received a NutriBullet as a gift? Maybe you bought one when they were on sale at Black Friday? So now what? Its a blender right? Well, not exactly! The NutriBullet is far more than your average blender and a very versatile tool for your kitchen. This book has all the tips and tricks, and over 40 different recipes to help you achieve a healthier lifestyle. You Il find recipes that showcase unique flavors and classic combinations. You Il find recipes for the vegetable lovers in your life and for the people who dont want to taste the spinach in their berry juice (we wont tell if you wont!). Heres just a small taste of whats inside: Sleepy SeedsPeachy KeenTropical Protein ShakeBanana BerryliciousGreen Tea Vegetable SmoothieMelon Berry MilkshakeSunshine SmoothieRefreshing Watermelon SmoothieBerry Peach Mango Green SmoothieRainbow Berry Blast Smoothie With Pomegranate And ChardPeaches N Creamy BlastStrawberry Guava and Coconut Shake RecipeLow Fat Raspberry Banana and Oat Milkshake RecipeDragonfruit and Banana Milkshake RecipeRoasted Red Pepper HummusMexican Cheese DipSesame TahiniStrawberries and Cream SmoothieTomato PestoChickpea Pasta SauceBasil PestoWhether you are a health nut, a...



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This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.

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