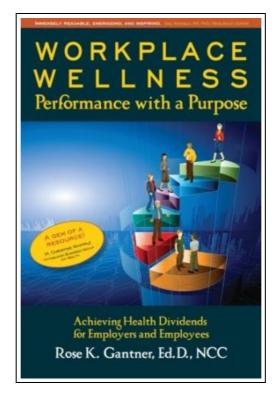
Workplace Wellness: Performance with a Purpose: Achieving Health Dividends for Employers and Employees



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WORKPLACE WELLNESS: PERFORMANCE WITH A PURPOSE: ACHIEVING HEALTH DIVIDENDS FOR EMPLOYERS AND EMPLOYEES



Rose K. Gantner Ed.D., NCC. Paperback. Book Condition: New. Paperback. 208 pages. Dimensions: 9.0in. x 0.6in. Praise for Workplace Wellness Dr. Gantner provides insightful direction on how to develop a culture of health inside every American corporation. If you read only one book this year, America, it definitely has to be this one. Robert Morel CEO, HHI Healthcare Solutions Inc. Simply the best practical guide for workplace wellness success that I have ever seen. Dr. Gantner provides a road map for what to do to maximize performance and productivity as well as a step-by-step plan on how to do it. Madelyn H. Fernstrom, Ph. D. Professor of Psychiatry, Surgery and Epidemiology Senior Advisor, Health Management University of Pittsburgh Medical Center In this timely and important book, Dr. Gantner identifies the very important connection between healthy employees and operational performance. If you are in any type of leadership role, put this book at the top of your list. Sandy M. York Director of Human Resources, HCA Physician Services This book is a must-read for CEOs, CFOs, HR leaders, benefits managers, and wellness program champions who are charged with improving business results. John L. Galley VP-HR Operations and Services UPMC Corporate Human Resources Dr. Gantners person-centric perspective, informed by well-documented research and handy information and tools, makes her work uniquely approachable, engaging, and effective. Michael Parkinson, MD Past President, American College of Preventive Medicine, Senior Medical Director, UPMC Health Plan and WorkPartners Never before has it been important for the U. S. worker to be at a high level of health, both physically and mentally. Congratulations to Dr. Gantner for writing a book that will be of great value in improving the health and productivity of our eight million plus adults who go to work each day. Jerry Noyce President and...



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