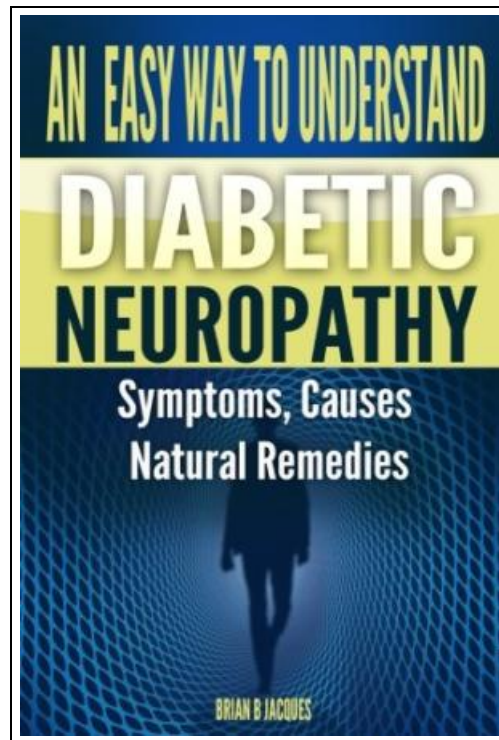


An Easy Way to Understand Diabetic Neuropathy (Paperback)



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AN EASY WAY TO UNDERSTAND DIABETIC NEUROPATHY (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Until recently, very few people had heard of diabetic neuropathy. Possibly the reason for this is because it only affected a small percentage of the population. For those who had heard of it, the assumption was that it was only implicated in nerve damage to the legs and feet. However, this is only one type of neuropathy associated with diabetes. Today, type 2 diabetes is a true epidemic; it is not contagious, but it is advancing so quickly that it appears like it is contagious. Diabetic neuropathy is considered to be one of the more extreme symptoms of advanced diabetes. To the sufferer, it is one of the more apparent symptoms compared to other damage which is happening within the body. Increased incidences of diabetic neuropathy are in line with increased rates of diagnosed diabetes. It is not always comforting for a newly diagnosed type 2 diabetic to be informed that their condition is a result of the previous diet and exercise choices. There is however a positive outcome in that if they make changes in their diet and exercise program, then this can bring about changes in the disease; and as a result, many people have successfully reversed their diabetes disease. This book will explain some of the causes and scope of diabetic neuropathy, in addition to explaining options for managing and overcoming symptoms. There is also a strong emphasis on overcoming the underlying diabetic condition itself, which can have the effect of reducing current symptoms, and help prevent any further deterioration.



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