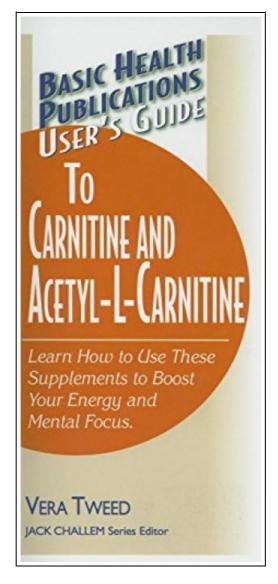
User's Guide to Carnitine and Acetyl-L-Carnitine



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Here is the best publication i have got go through until now. It is actually writter in simple phrases and never hard to understand. I realized this publication from my dad and i suggested this ebook to find out. (Lorena White)

USER S GUIDE TO CARNITINE AND ACETYL-L-CARNITINE



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Basic Health Publications, United States, 2007. Paperback. Book Condition: New. 211 x 91 mm. Language: English. Brand New Book. People who need more energy and want to avoid stimulants that will make them edgy should consider taking supplements of carnitine or acetyl-l-carnitine, two forms of the same nutrient found naturally in protein. Carnitine works by transporting fats in cells to where they are burned for energy. By boosting the activity of the body s cellular furnaces, carnitine can energize the heart, brain, and muscles to do more. Doctors have also found carnitine and acetyl-l-carnitine helpful in treating many conditions, including heart failure, muscle weakness and failing memory. Carnitine can also enhance physical training.



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