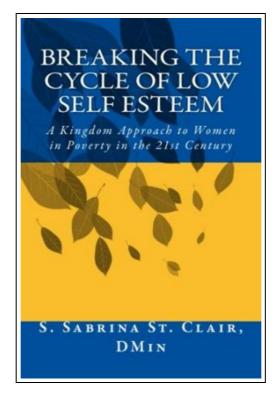
# Breaking the Cycle to Low Self Esteem: A Kingdom Approach to Women in Poverty in the 21st Century (Paperback)



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#### Reviews

Extremely helpful for all type of folks. It generally is not going to expense a lot of. I found out this book from my dad and i advised this book to find out.

(Melany Goyette)

## BREAKING THE CYCLE TO LOW SELF ESTEEM: A KINGDOM APPROACH TO WOMEN IN POVERTY IN THE 21ST CENTURY (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. In Breaking the Cycle of Low Self-Esteem: A Kingdom Approach to Women in Poverty in the 21st Century, S. Sabrina St.Clair, DMin, CPC, provides one of the few existing examinations of the correlation between low self-esteem and poverty. Specifically, St.Clair focuses on this correlation in African American single mothers, who find themselves falling into the grips of this cycle. The cycle perpetuated through generations is made clear by profiling cases of mothers whose daughters go on to exhibit the same patterns of behavior that contribute to a life lacking in basic sustenance. These behaviors often stem from a single root cause: low self-esteem that leads women to make decisions that forfeit important opportunities and limit the resources available to their own children. This book seeks to inspire communities and the church to collaborate on breaking this toxic cycle. By helping women understand their own self-worth and identify false limitations set upon themselves and their families, they can be guided out of this vicious circle and into a life of growth. It is St.Clair s goal that these mothers and daughters see themselves as God s precious creations-ones with innate value who are deserving of prosperous kingdom living.



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