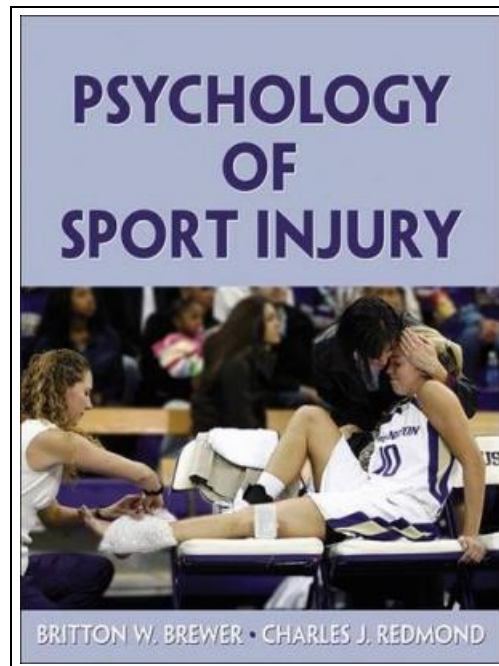


Psychology of Sport Injury (Hardback)



Filesize: 9.53 MB

Reviews

This sort of book is every little thing and got me to searching ahead and a lot more. This can be for all those who statte there was not a well worth reading through. I am just easily could possibly get a delight of reading through a published pdf.
(Floy Rollson)

PSYCHOLOGY OF SPORT INJURY (HARDBACK)

[DOWNLOAD](#)

Human Kinetics Publishers, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. From a gymnast hiding ankle pain so she can compete to a basketball player who withdraws from friends after a season-ending injury, it can be argued that every sport injury affects or is affected in some way by psychological factors. Given the widespread importance of psychological issues in sport injury, it is important for those working with athletes--injured or not--to be aware of the latest developments on the subject. Written by a sport psychology consultant and an athletic trainer, *Psychology of Sport Injury* provides a thorough explanation of the elements and effects of sport injuries along with up-to-date research and insights for practical application. The authors offer a contemporary approach to preventing, treating, rehabilitating, and communicating professionally about sport injuries that takes into account physical, psychological, and social factors. *Psychology of Sport Injury* presents sport injury within a broader context of public health and offers insights into the many areas in which psychology may affect athletes, such as risk culture, the many facets of pain, athlete adherence to rehab regimens, the relationship between psychological factors and clinical outcomes, collaboration, and referrals for additional support. The book explores the relevant biological, psychological, and social factors that affect given circumstances. The text consists of four parts: Understanding and Preventing Sport Injuries, Consequences of Sport Injury, Rehabilitation of Sport Injury, and Communication in Sport Injury Management. *Psychology of Sport Injury* includes evidence-based examples and demonstrates real-world applications that sport health care professionals often face with athletes. Additional pedagogical features include the following: - Focus on Research boxes provide the what and why of the latest research to complement the applied approach of the text. - Focus on Application boxes highlight practical examples to illustrate the material and maintain...

[Read Psychology of Sport Injury \(Hardback\) Online](#)[Download PDF Psychology of Sport Injury \(Hardback\)](#)

You May Also Like



The Tale of Jemima Puddle-Duck - Read it Yourself with Ladybird: Level 2
Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, The Tale of Jemima Puddle-Duck - Read it Yourself with Ladybird: Level 2, This is a gentle adaptation of the classic tale by Beatrix Potter. Jemima...
[Save](#) [Book](#)
»



DK Readers L3: Extreme Sports
DK Publishing (Dorling Kindersley), United States, 2001. Paperback. Book Condition: New. 216 x 183 mm. Language: English . Brand New Book. Are you ready for the ultimate book on daredevil sports? Whether it s steep...
[Save](#) [Book](#)
»



The Story of Anne Frank
DK Publishing, United States, 2002. Paperback. Book Condition: New. American.. 229 x 147 mm. Language: English . Brand New Book. Thirteen-year-old Anne Frank went into hiding from the Nazis with her family in 1942. Read...
[Save](#) [Book](#)
»



DK Readers L3: George Washington: Soldier, Hero, President
DK Publishing. Paperback / softback. Book Condition: new. BRAND NEW, DK Readers L3: George Washington: Soldier, Hero, President, Justine Korman, Ron Fontes, DK Publishing, Justine Korman Fontes, Justine Fontes, This biography of one of the...
[Save](#) [Book](#)
»



DK Readers Disasters at Sea Level 3 Reading Alone
DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.From fog, ice, and rocks to cannon fire and torpedo attacks--read the story of five doomed sea voyages and the fate...
[Save](#) [Book](#)
»

**Music for Children with Hearing Loss: A Resource for Parents and Teachers**

Oxford University Press Inc, United States, 2014. Paperback. Book Condition: New. 228 x 156 mm. Language: English . Brand New Book. Written by an expert in the field who is both a teacher and a

[Read Book](#)

»

**Who am I in the Lives of Children? An Introduction to Early Childhood Education**

Pearson Education (US), United States, 2015. Paperback. Book Condition: New. 10th Revised edition. 254 x 201 mm. Language: English . Brand New Book. Note: This is the bound book only and does not include access

[Read Book](#)

»

**The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds**

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds, Nicola Baxter, Geoff Ball, This is a super-size first reading book for 3-5 year

[Read Book](#)

»

**Mass Media Law: The Printing Press to the Internet**

Peter Lang Publishing Inc, United States, 2013. Paperback. Book Condition: New. New.. 251 x 175 mm. Language: English . Brand New Book. Digital media law is now the dynamic legal territory. Mass Media Law: The

[Read Book](#)

»

**Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]**

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to

[Read Book](#)

»