

# Basic Essentials Sea Kayaking (3rd Revised edition)

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# Reviews

*Extensive manual! Its such a great read. It really is loaded with knowledge and wisdom You wont really feel monotony at at any time of your time (that's what catalogs are for regarding if you ask me). (Myrl Hintz)* 

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Rowman & Littlefield. Paperback. Book Condition: new. BRAND NEW, Basic Essentials Sea Kayaking (3rd Revised edition), J. Michael Wyatt, Mark Sosin, Roger Schumann, This exciting and demanding sport is much different than its flat-water sibling, with different equipment and techniques, all of which are covered in Basic Essentials: Sea Kayaking. Illustrations cover the many sea kayak models and accessories, as well as important information on tides and currents, packing and loading tips for comfort and safety, and a glossary chock-full of helpful terminology. With this revised third edition, you'll discover how to perfect your paddle stroke, perform self rescues and assisted rescues, paddle and navigate safely, pack your sea kayak for an expedition, and get your kayak on and off your vehicle.

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