

## Rational Recovery: The New Cure for Substance Addiction

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## Reviews

The publication is great and fantastic. I am quite late in start reading this one, but better then never. I discovered this pdf from my dad and i suggested this ebook to discover. *(Linnie Kling)* 

## RATIONAL RECOVERY: THE NEW CURE FOR SUBSTANCE ADDICTION



Gallery Books. Paperback. Condition: New. 368 pages. Dimensions: 8.0in. x 5.3in. x 1.1in.When clinical social worker Jack Trimpey introduced the concepts of Rational Recovery in 1986, it marked a major breakthrough in the field of alcohol and drug addiction. More than a philosophy or therapy, and not dependent on spiritual beliefs, Rational Recovery offers an aggressive self-help program to take charge of ones behavior immediately. Now this proven process is made available in this unique, user-friendly instruction guide. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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