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99 PICK-ME-UPS FOR NEW MAMAS: HOW TO RELAX, SURVIVE, AND EVEN ENJOY THOSE FIRST FEW MONTHS (PAPERBACK)



Knock Knock, United States, 2015. Paperback. Condition: New. Language: English. Brand New Book. For best results, a new mum needs hourly doses of laughter, relaxation and reassurance that she s not doing it wrong. With amusing illustrations and in-the-know encouragement, this cheery little companion helps mums take a breath in the middle of the madness and take care of themselves.

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- Released at 2015



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