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Surviving a Stalker: Stay Safe. Avoid Conflict. Regain Your Life.

By Linden Gross

Incubation Press. Paperback. Condition: New. 304 pages. It may start with a chance meeting or a casual smile. It could begin at work, on a blind date, or at the end of a relationship or a marriage. Every year, 3.4 million Americans are stalked by former partners, by co-workers, by strangers. Despite these epidemic numbers, all too often victims' complaints continue to be ignored. Meanwhile, both the stalking dynamic and the toll it takes continue to be misunderstood. National journalist, bestselling writer and stalking expert Linden Gross provides all the necessary tools readers need to know to handle inappropriate obsessive attention. Readers will discover how to control their natural reactions (which often put victims at a disadvantage), how to stop feeding the obsessive interaction that perpetuates stalking situations, and how to protect their privacy and safety. Gross explains how these dangerous obsessions begin, the patterns they take, how targets can protect themselves, and what potential victims can do before the nightmare becomes a reality. Knowledge is power. Armed with information and perspective, stalking victims can make the decisions and choose the course of action that makes sense for them. If you're a victim, *Surviving a Stalker* will teach you:...



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Reviews

Very useful to all of category of people. I actually have read through and that i am sure that i will likely to go through once more again in the foreseeable future. I realized this book from my i and dad advised this publication to find out.

-- **Alta Kirlin**

This is the very best publication i have got read until now. It is definitely simplified but shocks within the fifty percent of the pdf. You may like how the article writer create this pdf.

-- **Rosario Durgan**