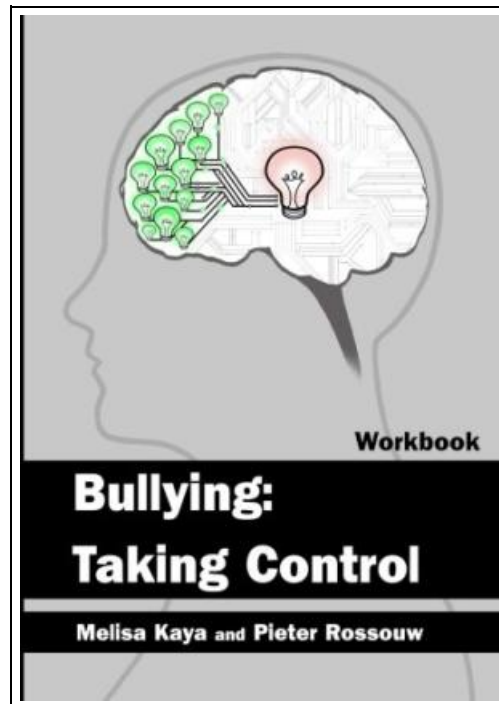


Bullying: Taking Control: Workbook (Paperback)



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Reviews

An exceptional publication as well as the font employed was exciting to see. it was actually writtern extremely flawlessly and helpful. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Dominic Collins)

BULLYING: TAKING CONTROL: WORKBOOK (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Workbook. Language: English . Brand New Book ***** Print on Demand *****. School-age bullying is a wide spread form of trauma that many young people face. While there are a number of current anti-bullying interventions developed to address this issue, the majority of these strategies do not necessarily address the impact of unfulfilled basic neurobiological needs. Specifically, the primary human need to first and foremost feel safe in our environment is often overlooked, which can compromise the effectiveness of therapeutic interventions for victims of trauma. Based on fundamental neurobiological principles, the workbook titled Bullying: Taking Control was created to address the issue of school-age bullying. This workbook provides psychoeducational information about neurobiological needs, the human brain, and its response to safe and unsafe environments. The interactive workbook is delivered in a format and visual style appropriate for youth, using a combination of text, pictorial illustrations and guided text boxes for note-taking. Ideally, this workbook is not a standalone tool but offers an extension to other support networks (e.g., counselling, psychotherapy, school support staff, parental care). The aim of the workbook is to empower young people who are victims of bullying to take control and facilitate positive change towards achieving a fulfilling life.



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