



Anthropometry and Physical Examination; A Book for Practical Use in Connection with Gymnastic Work and Physical Education

By Jay Webber Seaver

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1905 edition. Excerpt: .have received no adequate physical training or exercise before reaching college. Their lives have been abnormal and unnatural in that, during the playing period of their lives, they have been closely confined to a line of mental processes that dealt largely with abstract subjects and that deprived them of physical activity. As a result of this method of life, muscular sizes must be abnormally small in the great majority of cases, and a table constructed from such measurements will show a man that is truly mean. To determine so far as possible the variation of the fifty per cent line on the table of Yale measurement from what might be expected in a similar table constructed from the measurements of men of a like age but who had taken a large amount of physical exercise, and who could be considered in perfect health, I...



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