Green therapy Family Fitness-style series of - Family Fitness type (child health massage DIY)



Filesize: 4.45 MB

Reviews

Extremely helpful to any or all category of individuals. It really is rally fascinating through studying time period. I am just quickly could possibly get a pleasure of reading a composed ebook.

(Lawrence Keeling)

GREEN THERAPY FAMILY FITNESS-STYLE SERIES OF - FAMILY FITNESS TYPE (CHILD HEALTH MASSAGE DIY)



paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Pages Number: 109 Publisher: Anhui People's Publishing House Pub. Date: 2006-12-1. This book focuses on the characteristics of early childhood care and the role of massage. child massage and basic techniques commonly used acupuncture points. child head. arm. chest. back and waist. leg massage methods and common diseases of the symptomatic children the knowledge of massage therapy. Child massage can improve children's own immune system and anti-disease ability. and easy to operate. easy to learn. safe and reliable. no pain. no side effects. a significant effect. Parents. children learn to use massage techniques. can enhance the feelings between parent and child. but also prevent children from diseases and enhance children's physical fitness. to make it more healthy growth and development. Contents: massage is an overview of the rehabilitation of the power management massage massage effect on the human body range of indications for massage contraindications physiological and pathological characteristics of child care children children's physiological characteristics of the pathological features of young children massage techniques commonly used extrapolation method to get method by rubbing friction law Method allocation method rubbing rubbing method call-shaking method method method commonly used in child care massage acupuncture point selection method of the head and face common points back waist. chest and abdomen commonly used acupuncture points commonly used acupuncture points lower extremities upper Ministry of the Ministry of Children commonly used acupuncture points massage auxiliary substances commonly used health care massage general health care massage massage head rubbing cheeks gently rubbing the head by the ears Rouyan week Baihui method stroking arm massage (friction) means the upper arm with light rubbing massage upper chest health friction rub the whole palm abdominal



Read Green therapy Family Fitness-style series of - Family Fitness type (child health massage DIY) Online Download PDF Green therapy Family Fitness-style series of - Family Fitness type (child health massage DIY)

See Also



TJ new concept of the Preschool Quality Education Engineering: new happy learning young children (3-5 years old) daily learning book Intermediate (2)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2005-09-01 Publisher: Chinese children before making Reading: All books are the...

Read PDF

>>



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2005-09-01 Publisher: Chinese children before making Reading: All books are the...

Read PD

>>



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2005-09-01 Publisher: Chinese children before making Reading: All books are the...

Read PDF

>>



Found around the world: pay attention to safety(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2013-04-01 Pages: 24 Publisher: Popular Science Press How to ensure online...

Read PDF

»



Game guide preschool children(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2013-08-01 Language: Chinese Publisher:. Jiangsu University Press only genuine new book...

Read PDF

»