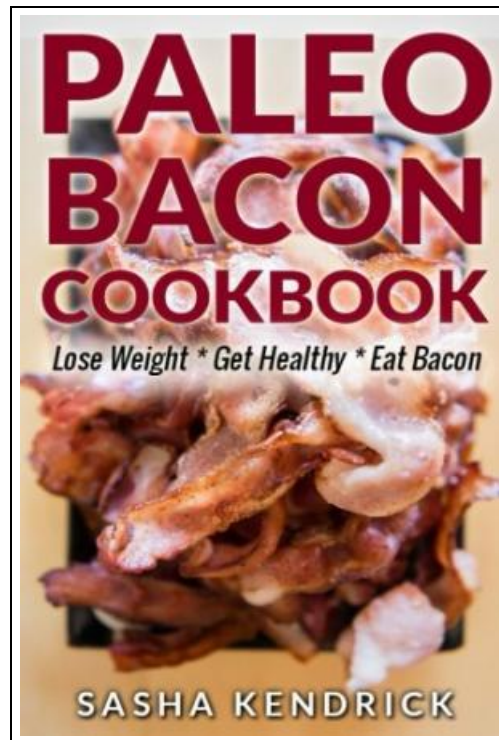


Paleo Bacon Cookbook: Lose Weight * Get Healthy * Eat Bacon (Paperback)



Filesize: 1.42 MB

Reviews

Very good e-book and helpful one. It is among the most awesome publication we have read. Its been developed in an remarkably simple way in fact it is simply right after i finished reading this book through which basically transformed me, affect the way i really believe.
(Prof. Kacey O'Hara)

PALEO BACON COOKBOOK: LOSE WEIGHT * GET HEALTHY * EAT BACON (PAPERBACK)

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Createspace Independent Publishing Platform, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do you love to eat bacon and want to lose weight, get healthy? Looking for Paleo recipes for weight loss or cookbooks for healthy eating? Interested in Paleo, low carb, Atkins, or gluten-free and dairy-free diets? Do you want to do all of these things at the same time? Well, now you can! Let me introduce you to Paleo Bacon Cookbook: Lose Weight * Get Healthy * Eat Bacon. Whether you re a Paleo beginner just starting out and not sure how to go about it or you re wanting to stick to a gluten-free, dairy-free diet but are running out of options, there is something in Paleo Bacon Cookbook: Lose Weight * Get Healthy * Eat Bacon for you. From Maple Bacon Ice Cream to Squash and Bacon Frittata, this wonderful selection of recipes has a variety of options that are certain to pique any bacon-lover s interest. Enjoy making these delicious bacon recipes in your low carb, Paleo kitchen; there are recipes such as Maple Bacon Doughnuts, Bacon-Wrapped Pineapple and Pecan Dates, Balsamic Jam-Topped Bacon Burgers, and many more. Buy this book now and find: Mouthwatering starter recipes Scrumptious savory entree recipes Delicious side dish recipes Irresistible dessert recipes Tasty treat recipes Information on the Paleo diet and what it includes Free bonus dessert recipes! All the recipes are gluten-free, dairy-free and Paleo-compliant. Each recipe contains: Simple, easy to find ingredients Serving sizes Time involved Equipment needed Clear directions Useful nutritional information Join the many people who are following the Paleo diet and benefit from: Lower cholesterol levels Lower blood pressure Improved neurological health Disease prevention Increased energy Stable blood sugar levels Mental clarity Weight loss without hunger Better...



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