



Yoga for the Mind - Adult Colouring Book - One of a Kind Mandalas and Paisleys -: Colour Into a Calm Meditative State - Stress Free (Paperback)

By Yoga Mandalas Paisleys

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Enjoy the delightful, stress-relieving benefits of colouring for adults with Mandalas! -Enjoy over 40 Mandalas and Paisleys for stress-free pleasures that these unique textured mandalas provide -We have recreated the characteristic colourful artwork using digital, fractal patterns and abstract art of antique artwork, mandalas, paisleys and other designs -Every person can lose themselves in these intricate mosaic kaleidoscope patterns - One-Sided Pages; only one picture printed on each sheet Relax and let your stress melt away as you give your artistic side the centre stage. This diverse assortment of adult colouring mandalas (from medium level to very intricate designs) is the perfect escape from your busy life! This incredible adult colouring book is the perfect way to relieve stress and aid relaxation while enjoying beautiful and highly detailed images. Each colouring page will transport you into a world of your own while your responsibilities will seem to fade away. Use Any of Your Favorite Tools Including coloured pencils, pens, and fine-tipped markers. Makes the Perfect Gift Surprise that special someone in your life and make them smile. Buy two copies and...



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