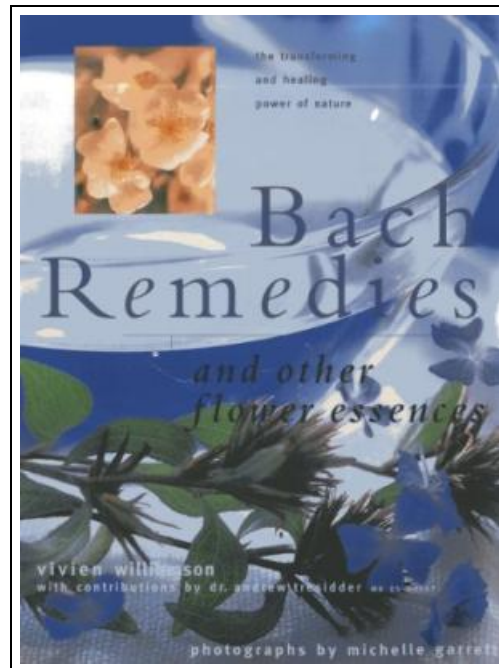


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Hermes House. Paperback. Book Condition: new. BRAND NEW, Bach Remedies & Other Flower Remedies: And Other Flower Essences: the Transforming and Healing Power of Nature, Vivien Williamson, This is a comprehensive guide to the beautiful world of flower essences, and their natural healing powers. It covers in detail the first system of Bach remedies to be discovered, as well as more recent developments. It shows how flowers hold the key to unlock emotional imbalances, and promote a longer and healthier life, by releasing the toxic effects of buried and unresolved pain. It offers in-depth explanations of the uses and suggested indications of the individual flower essences, with clear and concise instructions on how to make your own. It is lavishly illustrated with beautiful photographs, including step-by-step instructions and lovely portraits of the flowers themselves. Bach remedies are created by distilling the vibrations held by a flower into an essence, which works on the emotional aspects of disease, bringing relief to feelings such as fear, despondency, over-dependence and uncertainty. An ideal choice for self help, the essences are self-regulating, gently releasing the layers of past conditioning from the outside inward and assisting the process of self-realization. This book holds everything needed for understanding essences: how to make and store them, how to use them most effectively, and how to prescribe them for others. With detailed explanations of each essence's use, and indications, and special sections on the treatment of children, pets and plants, this book holds all you need for releasing the subtle and healing resonance of flower remedies.



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