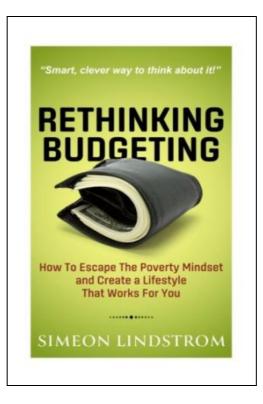
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RETHINKING BUDGETING - HOW TO ESCAPE THE POVERTY MINDSET AND CREATE A LIFESTYLE (PAPERBACK)

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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This is NOT a book about money. . it s a book about thinking about money. In this book, you will not find a few quick ways to save a hundred bucks this month, or learn how to cheat the system here and there to save on your utility bills. But what you might find is a new way to think about yourself, the money you make and how it all fits into your broader worldview. This book in particular was written for those of us who might not have grown up with the right financial role models, or who have ingrained habits that are holding us back. So much budget and personal finance advice out there is about solving problems using the same thinking that created them. In essence, it s just about being more efficient at keeping yourself stuck in the same old mindset and repeating the same old mistakes. Not about how to actually break away from those mindsets, or learning why exactly you make the mistakes you do. This is why I won t be making suggestions about how to dilute your fabric softener to save money or how to shop around for interest rates. For the curious, that information is easily available, usually for free. Instead, this book tries to go a little deeper. It starts with a fact that many personal finance guides out there avoid like the plague: that we are not all created equal, we aren t all coming from the same place and we re not all blessed with a basic, neutral understanding of what money is and how to use it. In fact, most people stay poor not because...

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