



## An Introduction to Psychodynamic Counselling

By Laurence Spurling

Macmillan Education Jan 2017, 2017. Taschenbuch. Condition: Neu. Neuware - This key book in the Basic Texts in Counselling and Psychotherapy series is an authoritative and accessible introduction to psychodynamic counselling and its basic principles. The author, Laurence Spurling, is a leading figure in the discipline and, here, he examines the underlying psychodynamic approach, its main theoretical ideas and principles of practice, the techniques associated with it and ways of thinking about the conduct of counselling. Looking at two major themes in particular, namely the involvement of counsellors working with clients with severe emotional and psychological problems and the influence of organisational settings on counselling work, this book is an essential guide for students and practitioners of counselling or psychotherapy, along with those from other professions, such as nurses and teachers, who are called upon to use counselling skills in their work. 197 pp. Englisch.



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