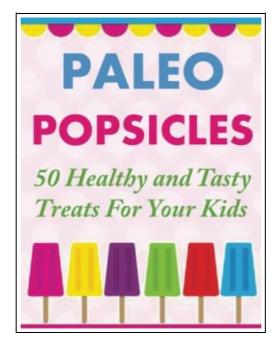
Paleo Popsicles: 50 Healthy and Tasty Treats for Your Kids (Paperback)



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Reviews

This book is great. I have go through and so i am confident that i will going to read through once again again in the future. I am just easily can get a satisfaction of looking at a written book.

(Miss Vernie Schimmel)

PALEO POPSICLES: 50 HEALTHY AND TASTY TREATS FOR YOUR KIDS (PAPERBACK)



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Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Paleo Popsicles - 50 Healthy and Tasty Treats For Your Kids One of the biggest problems faced by parents today is to keep their children away from the processed food being sold everywhere in the market. Many parents have adopted a Paleo lifestyle so that they can influence their children to follow their healthy habits. The last thing parents want is to see their children tired all the time, addicted to sugar and growing larger by the day. No parents want that for their children. They want to see their children active and healthy. So, how can you, as a parent, keep your children away from the chemically processed treats being sold in the market? You can do so by providing them healthy and tasty treats at home! The Popsicle recipes provided in the book will ensure your children eat their treats at home and grow healthy as a result. In this book you will find Popsicle recipes that are: 1.Paleo friendly and as a result they are completely healthy unlike the chemically treated and additive laden treats that are available in the stores. 2.Colorful and attractive, so that your kids want to eat these treats. Colors are what the food industry use to attract your kids to their treat, but no longer will they have any hold over your kids, when you start preparing these bright and visually appealing treats at home. 3.Made of real foods, and this is why these treats are a great way to get your kids to eat more fruits and vegetables. 4.They are delicious right down to the last bite so that your kids would be asking for more and you do not have to say no,...



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