



Quest: A Guide for Creating Your Own Vision Quest

By Denise Linn, Meadow Linn

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Quest: A Guide for Creating Your Own Vision Quest, Denise Linn, Meadow Linn, For centuries, ancient cultures embarked on rites of passage to gain entrance to the spiritual realms and attain self-knowledge. Now international lecturer and healer Denise Linn and Meadow Linn draw on their Native American roots, as well as the teachings of other cultures, to create a carefully crafted spiritual programme for anyone wishing to venture on a retreat or create a uniquely personal Quest of his or her own. This practical, engaging book will show you how to: call for a vision and understand your experience within it; discover the mystery of yourself and the universe; dissolve limitations on your potential; harness the power of the Sacred Circle; confront and free yourself from fears; heal emotional wounds; and, develop peace of mind that extends into your life long after the Quest. This book gives you the necessary tools to prepare for a Vision Quest that will take you to the centre of your soul.



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Reviews

Very helpful to all type of individuals. It really is rally interesting through looking at time. Its been designed in an extremely basic way which is just soon after i finished reading this pdf through which basically modified me, change the way i believe.

-- Tyshawh Brekke

The publication is easy in read through preferable to fully grasp. It is writter in simple phrases instead of hard to understand. You will not sense monotony at at any moment of your respective time (that's what catalogs are for concerning if you request me).

-- Kevin Bergstrom Sr.