



Soul Vitamins: Minerals for the Mind, Body and Soul (Paperback)

By Michael McGill Jr

WestBow Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. An ABSOLUTE read for any person who seeks progress and growth! - Dr. Paula J. Rodgers C mon now! It s time for your empowerment! Ever need a PUSH or have a question that urgently needs answering? Ever been in the need of a vitamin for the soul? We see many vitamins at the store for our body, but very seldom do we find any for our soul- until now! Michael McGill has brought you several vitamins- vitamins for the mind, body, and soul! McGill, who is a renowned, award winning TRANSFORMATIONAL speaker, life coach and self-empowerment expert, has done it again! Soul Vitamins is a collection of questions from a series of people seeking advice and who need empowerment to make better decisions. These questions are asked from real people and they are answered in a conversational approach that welcomes self-reflection and personal application. Being deemed as food for the soul by critics and readers alike, this awe-inspiring book is sure to be thought-provoking and soul stirring! Topics include: Living ONpurpose! You re worth more than gold Setting boundaries Power...



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