



## Genuine] family health book of vegetables (healthy vegetables on the tip of the tongue you eat three meals a day(Chinese Edition)

By LU ZHI DENG BIAN ZHU

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2012-08-01 Pages: 200 Publisher: Machinery Industry Press title: healthy vegetable vegetables family health book (tongue let you eat three meals a day and healthy living to 110 .) List Price: 29.8 yuan Author: Lu Chih ed Press: mechanical industrial Publishing Date :2012-8-1 ISBN: 9787502374143 Number of words: 203.000 yds: 200 Revision: 1 Binding: Paperback: 16 commodity weight: Editor's Choice teach you first identify its own constitution. and know how to mix ingredients cold and heat. to understand the impact of the four properties of food flavors for healthy eating; this family health health book series a set of three. choose the common life of 36 kinds of fruit. vegetables and grains. Food Their Stories - the origin of the food. its description of the ancient poems. relating to the number of riddles or around its story - such as tomatoes once called wolf peach. and once as an ornamental plant love apple species Queen's Garden. eggplant huge egg evolved the candied yam how to help Tangjun siege wins pool. spinach why. said the Red-billed green parrot. barley...



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