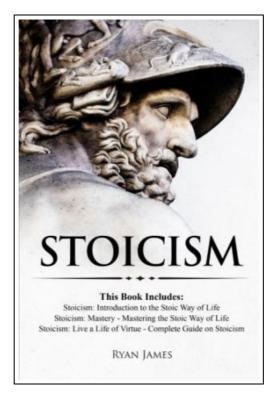
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Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand ******. Buy the printed book and get the Kindle version for FREE! Stoicism 3 Book Box Set This book includes 1. Stoicism: Introduction to the Stoic Way of Life 2. Stoicism: Mastery - Mastering the Stoic Way of Life 3. Stoicism: Live a Life of Virtue - Complete Guide on Stoicism Stoicism may be an ancient philosophy, but it is one that has even more relevance to our daily lives now that we are in the modern world. Too often we find that we aren t able to control our lives, control the events that go on, or even control the people and how they act. But with Stoicism, we learn that we can control some things, such as our emotions and our reactions, and this can help to lead us to happiness. In this complete guidebook we are going to take you from the very basics of using Stoicism in your daily life, to complete Mastery. We will show you how this ancient philosophy is going to work to make you feel happier and more virtuous. Some of the things that we will talk about include: What is StoicismThe early history of Stoicism, from its founding as a school of thought by Zeno in 300 BC to its decline due to the growing popularity of Christianity, and its resurgence in modern times. Profiles of three stoic masters who played a major role in the development of the Stoic philosophy: Epictetus, the former slave who became one of the most influential Stoic philosophers; Marcus Aurelius, the Roman emperor who helped promote its popularity; and the controversial Seneca, who sought to live the Stoic life in spite of his lavish lifestyle. Recognizing the things that are under your controlHow...

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