



Survival for Beginners: How to Store Food and Water: 20 Canning and Preserving Tips: (Survival Guide for Beginners, Survival Guide, Survival Tactic, Prepping, Survival, How to Store Food and Water)

By Susan Davidson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Survival for Beginners: How To Store Food And Water 20 Canning And Preserving Tips Survival for Beginners: How To Store Food And Water: 20 Canning and Preserving Tips is designed with numerous tips on canning and preservation of meats, fruits and vegetables. The canning and preserving has numerous health benefits; therefore, people prefer to can and preserve their food and water. If you are a working lady or a busy mother, then canning food is really good for you because it fits your lifestyle and your family will enjoy healthy and fresh food. Canning and preservation offers a cushion against the increasing costs of healthy foods. This book includes: Importance of storing food and water Canning and preserving tips for chicken Canning and preserving tips for fruits and vegetables Canning and preserving tips for beef related items Canning and preserving tips for sweet items After downloading this book, you will be able to can and preserve...



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