



The Care and Feeding of Southern Babies; A Guide for Mothers, Nurses and Baby Welfare Workers of the South

By Owen H Wilson

Theclassics.Us, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1920 edition. Excerpt: . few days. In this way the baby is gradually trained to take almost any food. In these lists, five meals a day are given. They can easily be adjusted to four or even to three, to suit the individual child. Summer Diet From Twelve to Eighteen Months 7 o clock--Milk; one coddled egg, or two tablespoons of steak juice; one piece of toasted bread and butter. 10 o clock--Milk; one toasted cracker, one slice of broiled bacon, powdered. 1 o clock--Milk or eight ounces of strained soup; two tablespoons of rice; one piece of toasted bread, or cornbread and fruit juice. (See page 55.) 4 o clock--Milk; one piece zwiebach. 7 o clock--Milk; two tablespoons cooked cereal, salted, not sweetened. From Eighteen to Twenty-four Months 7 o clock--Milk; coddled egg or one slice of broiled bacon, powdered; two tablespoons of cereal, salted; bread...



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