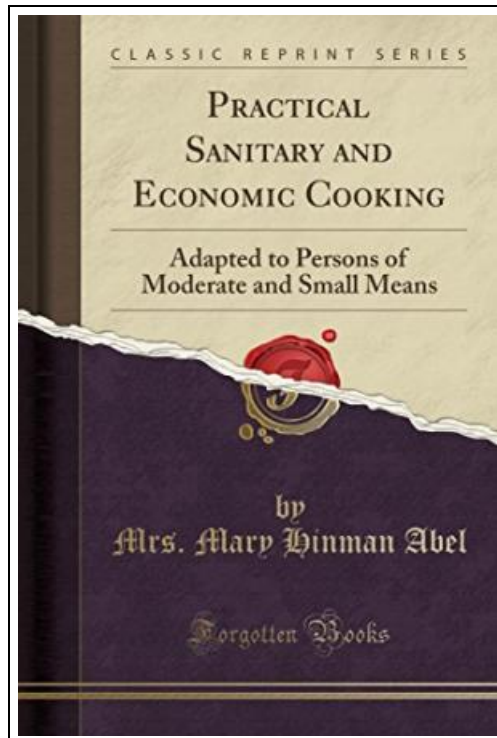


Practical Sanitary and Economic Cooking: Adapted to Persons of Moderate and Small Means (Classic Reprint)



Filesize: 2.37 MB

Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

PRACTICAL SANITARY AND ECONOMIC COOKING: ADAPTED TO PERSONS OF MODERATE AND SMALL MEANS (CLASSIC REPRINT)



To get **Practical Sanitary and Economic Cooking: Adapted to Persons of Moderate and Small Means (Classic Reprint)** PDF, remember to refer to the button below and save the document or get access to other information which might be in conjunction with PRACTICAL SANITARY AND ECONOMIC COOKING: ADAPTED TO PERSONS OF MODERATE AND SMALL MEANS (CLASSIC REPRINT) book.

Forgotten Books. Paperback. Condition: New. This item is printed on demand. 220 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. Excerpt from Practical Sanitary and Economic Cooking: Adapted to Persons of Moderate and Small Means The ration issued to the U. S. army is more abundant, more varied and of better quality than that issued to the army of any other nation. It should therefore keep the men in health and strength, and if it fails to do so and to be palatable to the healthy appetite, the fault is in its preparation. A few suggestions as to the cooking of the soldiers ration are here offered. The garrison ration is so abundant that it cannot be wholly consumed and according to the liberal system of exchange of food the surplus can be exchanged in such a way as to give still greater variety. In an organized camp this allows of excellent and varied cookery. But, the ration when on the march is much less varied and contains little or no fresh meat or soft bread. It requires therefore more skill on the part of the cook to render it palatable and nutritious. When the ration consists of salt pork and hard tack and a choice between beans, peas, rice and hominy, with tea and coffee and a few condiments, how it is to be best prepared with limited time and with the simplest utensils, rests entirely with the cook. On the march the breakfast must be substantial as there can be often no other regular meal until night. The camp fires or the portable ovens must do their work over night in order to effect this. Only in this way can baked beans or bean soup be added to the bacon and hard tack, and this addition is necessary if the meal...



[Read Practical Sanitary and Economic Cooking: Adapted to Persons of Moderate and Small Means \(Classic Reprint\) Online](#)



[Download PDF Practical Sanitary and Economic Cooking: Adapted to Persons of Moderate and Small Means \(Classic Reprint\)](#)

See Also



[PDF] The Whale Tells His Side of the Story Hey God, Ive Got Some Guy Named Jonah in My Stomach and I Think Im Gonna Throw Up
Follow the web link below to read "The Whale Tells His Side of the Story Hey God, Ive Got Some Guy Named Jonah in My Stomach and I Think Im Gonna Throw Up" PDF document.

[Download](#) [ePub](#)

»



[PDF] Animalogy: Animal Analogies

Follow the web link below to read "Animalogy: Animal Analogies" PDF document.

[Download](#) [ePub](#)

»



[PDF] The Mystery at Motown Carole Marsh Mysteries

Follow the web link below to read "The Mystery at Motown Carole Marsh Mysteries" PDF document.

[Download](#) [ePub](#)

»



[PDF] The Stories Julian Tells A Stepping Stone BookTM

Follow the web link below to read "The Stories Julian Tells A Stepping Stone BookTM" PDF document.

[Download](#) [ePub](#)

»



[PDF] Viking Ships At Sunrise Magic Tree House, No. 15

Follow the web link below to read "Viking Ships At Sunrise Magic Tree House, No. 15" PDF document.

[Download](#) [ePub](#)

»



[PDF] God Loves You. Chester Blue

Follow the web link below to read "God Loves You. Chester Blue" PDF document.

[Download](#) [ePub](#)

»