



## The Pursuit of the Personal Renaissance Experience: Finding Opportunities for Happiness in the Ever-Present Now

By Peter G Justus M D

Createspace, United States, 2012. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It all began with a personal epiphany that occurred in the most unlikely of circumstances. The epiphany led to a personal journey that changed the way I look at the world and live my life. If you follow me on this excursion through time and mental space you will be exposed to an overview of a few billion years of evolution; several Hollywood movies; a Viennese school of psychotherapy; discussions of DNA, chocolate cake, heroin, social evolution, God, evil golf gods, human conflict, sex, money, and politics; the minds of crows; a biblical passage or two; and even one episode of the old television show, Star Trek Along the way you may realize as I did that too much of your life is spent living through experiences that leave you feeling unfulfilled and unhappy. If that is the case, by the end you just might have become armed with some tools that will help you live a more personally fulfilling and meaningful life through your own pursuits of The Personal Renaissance Experience. See a review of the book...

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