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THE SIMPLE GUIDE TO FIVE ELEMENT ACUPUNCTURE (PAPERBACK)



JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2013. Paperback. Condition: New. Language: English. Brand New Book. Nora Franglen's straightforward, accessible guide introduces this ancient Chinese system of medicine. She briefly covers its history and explores the philosophy behind it, explaining how it can benefit the reader personally by addressing specific health needs and general well-being. Five element acupuncture treats the whole person by accessing the natural energy channels each of us possess and correcting the imbalances between our five elements...

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- Authored by Nora Franglen
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