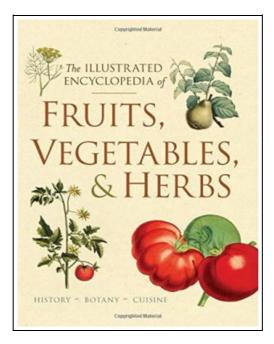
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ILLUSTRATED ENCYCLOPEDIA OF FRUITS, VEGETABLES, AND HERBS: HISTORY, BOTANY, CUISINE



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Chartwell Books. Hardcover. Condition: New. 360 pages. From roots and shoots, almonds to zucchini, field and forest to the family table-this delectable guide reveals the intriguing stories of the worlds favorite food plants. The Illustrated Encyclopedia of Fruits, Vegetables, and Herbs covers every edible plant you can imagine. It invites us on a gorgeously illustrated tour through the world garden to discover the origins, traditions, and contemporary culture of more than 450 fruits, vegetables, nuts, grains, herbs, and spices. Its the explorative home cooks best friend in the kitchen, an edible guide for the vegans, vegetarians, and omnivores alike. Splashed with hundreds of appetizing images and written by top culinary and horticultural experts, the Illustrated Encyclopedia of Fruits, Vegetables, and Herbs. In addition, it also tells individual stories in an extensive directory of species which lists geographical origins, botanical facts, traditional uses, and culinary tips for hundreds of plants. Throughout the lively narrative, the Illustrated Encyclopedia of Fruits, Vegetables, and Herbs tempts us with layers of information: The little-known geopolitical role of food plants-how agriculture caused cities to blossom, and how the taste for spices drove global exploration and conquest. Our endeavors towards a green future, viewed in light of the need to feed the worlds burgeoning population. Legends and lore of natural remedies, with an update on a plant whose medicinal claims have been made for centuries. The lineage of regional classics such as Italian tomatoes, Irish potatoes, Hawaiian pineapples, and Hungarian paprika; all are exports from the lands that made them famous. Kitchen tidbits galore-how to prepare tasty Asian greens, where to store berries, what type of peppercorn to choose for various dishes, and more. Take this bounty of knowledge. . . combine with 500 mouthwatering photographs. . . and savor a scrumptious resource for useful information and...

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