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Surviving Miscarriage: --You Are Not Alone (Paperback)

By Stacy McLaughlin PH D, Stacey J McLaughlin

iUniverse, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. My intent in writing this guide is to give others, like you, the benefit of my own experience and to make sure that the pain is not compounded by uncertainty, unawareness, ignorance or lack of information. Yes, this is a tragic event, one that none of us would wish on our worst enemies. Yet, if anything can help make it a little better, it is the certainty of knowing exactly what we are going through, the knowledge of what to expect and the tools to teach us how to cope. For those who have suffered a heartbreaking miscarriage, Surviving Miscarriage helps you find the compassionate support you so desperately need. Florida psychologist Stacey McLaughlin survived two miscarriages in one year--and thankfully discovered the powerful secret to lasting inner healing. McLaughlin addresses the variety of emotions a woman experiences after a miscarriage and focuses on how to mend your soul. With her unique and simple thirty-day plan, you'll be gently guided through meaningful steps to help you banish undeserved shame, embrace comforting emotional recovery, and move forward with confident hope for your...

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