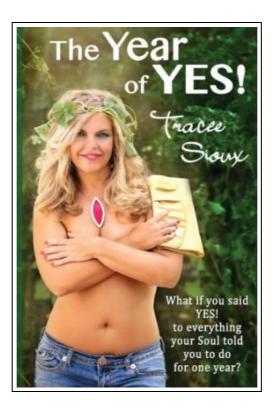
The Year of Yes!: What If You Said Yes! to Everything Your Soul Told You to Do for One Year? (Paperback)



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Reviews

I actually started reading this article ebook. It is actually packed with knowledge and wisdom Its been printed in an remarkably simple way and it is only after i finished reading this pdf where in fact modified me, alter the way i believe. (Prof. Uriel Witting)

THE YEAR OF YES!: WHAT IF YOU SAID YES! TO EVERYTHING YOUR SOUL TOLD YOU TO DO FOR ONE YEAR? (PAPERBACK)



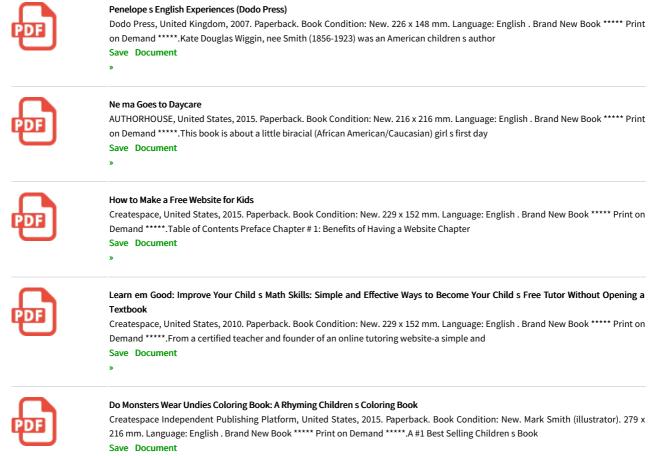
Sioux Ink, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. What happens when you say YES! to everything your Soul tells you to do for one year? The Year of YES! is one woman s spiritual journey to free herself from the conventions that bound her Soul. This unfiltered personal diary is a raw, unflinching confrontation with the pain and regrets of a jagged past, an exploration of sacred (and not-so-sacred) sex, a slaying of demons, a baptism, and a transmutation of self. Tracee Sioux starts her Year of YES! on the heels of a divorce. Having tanked her career for motherhood, she was making \$600 a month and feeding her kids from the food bank. Yet, her Soul made a promise: Follow me, I know where I m going, I know the fastest, easiest way to get there and I will never, ever steer you wrong. She said YES! Sioux s Soul took her to Crazytown, realm hopping in other-worldly dimensions, to healers all over the globe (including a currandera in the Mexican desert who put a curse on her), to Meetup groups where they practice Orgasmic Meditation, to dating websites and an exploration of a deeper sexuality. She confronted her family pattern of addiction, and cast her own demons on the fire. Her Soul s intention: to heal her of 40 years of psychic garbage. Though Sioux s past is full of trauma-sexual trauma when she was a teenager, a series of relationships with addicts, being an eye-witness to 9/11 and giving birth three weeks later in Manhattan while suffering from PTSD, drug rehab for Xanax addiction, and severe anxiety and depression-her Soul leads her to the exact perfect circumstances, healers, rituals and magic spells to heal her and rebuild her...

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