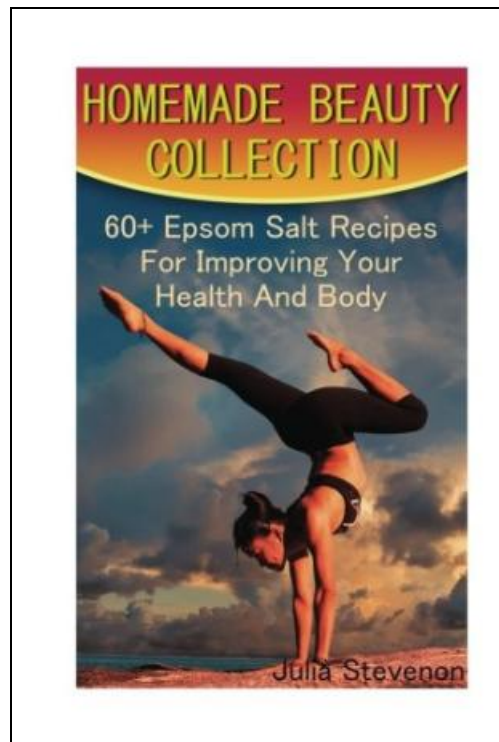


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. **Homemade Beauty Collection: 60+ Epsom Salt Recipes For Improving Your Health And Body BOOK #1** The two main components of which Epsom salt is comprised of are the sulfate and magnesium which can enhance your health from so many wide range of perspectives. An absence of magnesium, which manages the working of more than 100 proteins which are present in the body can lead to hypertension, hyperactivity, some issues related to heart and other issues which are directly or indirectly associated with health. Sulfate is key for some procedures which occur naturally, for flushing the various types of poisons and to shape the presence of proteins in joints, neuron tissue and other types of proteins. Specialists and scientists say that if you take shower of Epsom salt then it is basically considered as a protected and simple approach to build the level of magnesium and sulfate in a level inside body. Following are the things which I have given in this book: Significance of spasm salt Benefits which it can provide you How an Epsom salt can be a source of health benefits Epsom salt for losing weight and enhancing beauty **BOOK #2** Tired after a long day from work? Looking for a way to relax? Or are you looking to find tips to help improve your body without buying expensive list of products from the store? There are so many face creams, shower creams, scrubs, etc around the market that a person is never sure how effective or healthy they actually are. Most people prefer to do it...

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