



Clean House Clean Life

By James Nugent

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. My wife and I began this voyage of self-discovery about 2 years ago. Our kids were gone and we wanted to use our living space a little differently. We wanted to clean out some the clutter we had accumulated from raising two teenage boys and generally clean out our home. Little did we know that before we were done; we would change our view of material belongings, and actually begin rejecting our cultural addiction to owning more stuff. How It All Started I was organizing our storage room. It was a 12x10 room and almost completely filled to the ceiling with belongings. Half of the stuff was sporting goods of which I have almost never used. So I gathered up: snow shoes, cross country skis, downhill skis, cooking pots, tents, backpacks, and cook stoves. I donated it all to a thrift store and felt good about giving to charity. They would make perhaps \$1000 and I was rid of a burden. I returned to my humble home on Eld Inlet on Southern Puget Sound, with a feeling of...



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