



Live Your Life with Attitude (Paperback)

By Karen a Porter

Mama Porter, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. What would your life look like, how would it feel if you lived each day being fully who you truly are? Do you say that you don't know your reason for being here, your true work? What if you said that you are in the process of knowing? Waking up to purpose is just the beginning. Clearing away what keeps you from fully living your purpose is the work. What does your life look like right now? Are fears keeping you stuck or making you feel less than you know you can be? Attitude can help you break through fears, calm anxiety and empower you to be all you came here to be. Using the format of an illustrated journal, work or play book, Attitude collages, discarded vintage photos with edgy captions are paired with thoughts, ideas and questions to trigger your own thoughts and invite reactions. Use the blank space to explore and practice. Use the book as your personal journal. Feel free to use the photos for your own illustrated journals, or for individual notes or cards. While...

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