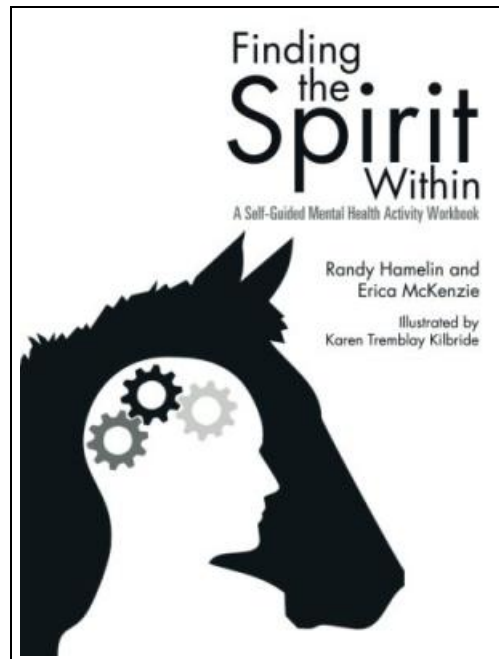


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FINDING THE SPIRIT WITHIN: A SELF-GUIDED MENTAL HEALTH ACTIVITY WORKBOOK



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