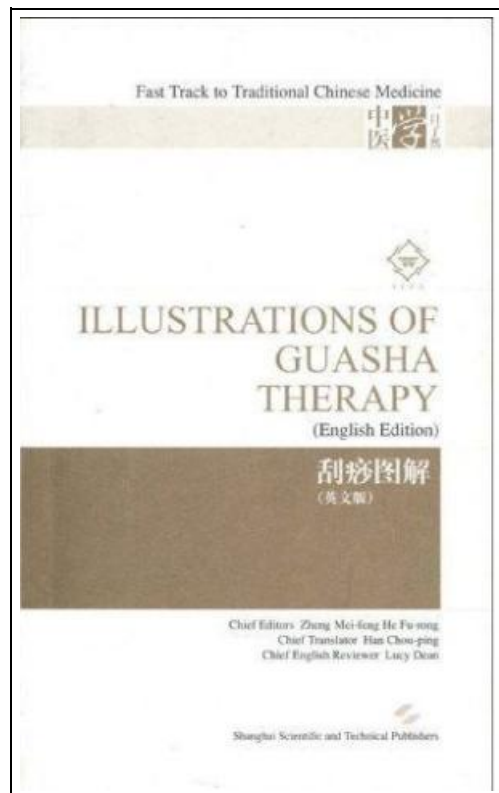


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Shanghai Science and Technology Press, 2009. Soft cover. Book Condition: New. 185*130mm. Based on the holistic view of traditional Chinese medicine, Guasha therapy can be used in a full range of treatments to promote the body's self-healing ability. It is regarded as a convenient and reliable therapy since it is safe, effective, and easy to operate. In addition, it does not cause any adverse reactions or side effects. This book consists of three parts. Part A contains the essential theory of Guasha, including a brief introduction overview of commonly used tools, basic procedures, body parts and points, operational methods, and indications as well as precautions. Part B contains the practical applications of Guasha therapy in the treatment of common conditions and in health care in general. Finally the attached chapter provides a collection of typical case studies illustrating the use of Guasha therapy. With rich contents and straightforward descriptions, this book can serve as a sound reference book for clinicians, medical students and overseas students as well as those who are interested in self care and treatment. Part A Essential Theory of Guasha Therapy Chapter 1 Brief Introduction to Guasha Therapy Chapter 2 Common Tools of Guasha Therapy Section 1 Guasha tools Section 2 Guasha medium Chapter 3 Procedures for Guasha Therapy Section 1 Method for holding the Guasha board Section 2 Scope of Guasha Section 3 Common Guasha methods Section 4 Special Guasha methods Chapter 4 Common Body Parts and Points Used in Guasha Therapy Section 1 Back Section 2 Head Section 3 Neck Section 4 Chest and abdomen Section 5 Four extremities Attached, Profile of cutaneous regions Chapter 5 Preparations Prior to Guasha Therapy Section 1 Principle of point selection Section 2 Method of point combination Section 3 Selection of body position Chapter 6 Operational Procedures of Guasha Therapy Section 1...

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