



## Tracking Mental Health Outcomes: A Therapist's Guide to Measuring Client Progress, Analyzing Data, and Improving Your Practice

By Wiger, Donald E.; Solberg, Kenneth B.

Wiley, 2001. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Quick Reference Guide to Sample Forms. Preface. DEFINING MENTAL HEALTH OUTCOMES. Introduction and Historical Overview of Outcome Research and Assessment. The Need for Outcome Assessment. Individual and Normative Approaches to Outcome Assessment. INDIVIDUALIZED OUTCOME ASSESSMENT. Measuring and Quantifying Ongoing Behaviors. Assessing Outcome Through the DSM-IV Interview and Intake Information. Assessing Outcome Using the Treatment Plan. Assessing Outcome Using Progress Notes and Ongoing Charting. NORMATIVE OUTCOME ASSESSMENT. Defining Clinically Significant Change. Normative Data and Examples for Four Common Outcome Measures. Selecting Standardized Outcome Measures. Collecting and Analyzing Normative Outcome Data. INTEGRATION. Integrating Individual and Normative Outcome Measures. References. Appendix. Blank Forms. About the Authors. About the Disk.



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