



## The Peace and Plenty Journal of Well-Spent Moments (Paperback)

By Sarah Ban Breathnach

Simple Abundance Press, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Here is the golden opportunity to learn how to get the most you can out of living-to squeeze significance and happiness out of every moment, every hour, out of everything which happens in the daily round of existence. Be more elegant. Be serene. Be more gracious. Graciousness is the most profitable personal attribute in the world. Much comes from little. Light has power over darkness. Love has power over discord. Lie yields great returns, pressed down and running over. Margery Wilson How to Live Beyond Your Means (1945) Welcome to your new insight tool, the Peace and Plenty Journal of Well-Spent Moments created by Sarah Ban Breathnach, the New York Times best-selling author of Simple Abundance, as a companion volume to her acclaimed money memoir Peace and Plenty: Finding Your Path to Financial Serenity. What is a well-spent moment? Well, the expression is a play on words-we really spend very little on the things that make us truly content. The things that matter most are priceless. Here in these pages, you will find comforting home-grown rituals and seasonal suggestions to help you...



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