

Overcoming Food Deserts in Your Community: How to Start a Home, School or Community Garden, Food Co-Op or Food Coalition (Paperback)



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Reviews

This ebook is worth acquiring. Better then never, though i am quite late in start reading this one. You will not truly feel monotony at at any time of your own time (that's what catalogues are for about if you ask me).
(Lorenz Vandervort)




OVERCOMING FOOD DESERTS IN YOUR COMMUNITY: HOW TO START A HOME, SCHOOL OR COMMUNITY GARDEN, FOOD CO-OP OR FOOD COALITION (PAPERBACK)

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This book not only lays out several action plans to gain access to good, clean, organic foods, but it will help all family members gain access to job and business opportunities, while they eliminate food deserts in their communities. Face it we will never get back to totally living off the land like our ancestors did, but families must come together today for the sake of future generations. We need to seriously look at solutions because this is the first generation that will not outlive their parents. However, there are economically empowered ways we can feed, clothe and shelter our own families. Food is not always only about the most expedient way to suppress hunger. Many community organizations have long understood this and believe that food access and quality is tied to both racial and economic justice. Over the past few years we have heard quite a bit about food deserts, or high poverty areas where a lack of grocery stores makes it difficult for residents to purchase fresh food. However, we know far less about the food realities of people who live near stores where fresh food is sold, but because of their limited incomes, they simply cannot afford it. Affordable healthy food is an issue of both equity and justice that disproportionately affects working-class and poor people of color in cities and rural areas. Reducing the economic necessity for some to rely so heavily on food that is unhealthy, is not only a tool for fighting health concerns, there are other benefits too. Time and time again it shows when many schools team up with healthy venues and swap out soda machines and offer instead -- juices, water and...

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