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Reviews

It is simple in study safer to understand. It can be full of knowledge and wisdom Your way of life span is going to be enhance when you full looking at this book.

(Lavina Torp)

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Sugar-Free Summer Treats: 40 Low Carb Ice Creams, Slushies, Cocktails And Lemonades There is little better than relaxing in the sunshine with a cold refreshing drink, or even an ice cream. Unfortunately, the majority of people lead exceptionally busy lives and do not have time to create their favorite drink when they need it. Fortunately, it is possible to create a sugar free drink or even a low carb ice cream in a very short space of time. This book will help you to always have the right concoction on hand; whether you want to impress your neighbors and friends or just your own family. The recipes in this book are all designed to be simple and to use products which you will usually have at home. This makes it easier, cheaper and more practical to create your own refreshing drink than it is to buy one; where you may not be certain of which ingredients are included. This book can give you the following: Why ice creams and homemade drinks are generally so much better tasting and healthier than shop purchased ones. 10 Delicious ideas for low carb ice cream; all the recipes use a sugar replacement to ensure they are zero sugar. 10 Slushies: these are generally low in carb but high in sugars. Fortunately, the recipes in this book will give you a viable alternative. 10 Cocktails for when you need a little extra zing. Again, these are sugar free and delicious! Finally, there are 10 quick and easy ways to make lemonade; this will ensure you and your family always feel refreshed! Download your E book Sugar-Free Summer Treats: 40 Low Carb Ice Creams, Slushies, Cocktails And...

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